

MONDAY

MAIN DISH

● Greek Chicken	270
● Lemon Basmati Rice	320
● Grilled Summer Squash	90
● Broccoli & Carrots	80



Dietitian's Choice

Greek Chicken with Grilled Summer Squash and Broccoli & Carrots

440

GERMAN

● Hackbraten	350
● Steamed Green Beans	80
● Red Bliss Mashed Potatoes	50

Essential Eats

● Teriyaki Salmon Bowl	575
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TUESDAY

MAIN DISH

● Balsamic Braised Pork	370
● Red Bliss Mashed Potatoes	370
● Peas & Carrots	130
● Sauteed Garlic Green Beans	70



Dietitian's Choice

Balsamic Braised Pork with Peas & Carrots and Sauteed Green Beans

570

GERMAN

● Chicken Fricassee	220
● Wild Rice Pilaf	290
● Peas & Pearl Onions	80

Essential Eats

● Teriyaki Salmon Bowl	575
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WEDNESDAY

MAIN DISH

● Rotisserie Chicken	770
● Seasoned Rice Pilaf	290
● Cajun Okra & Corn	100
● Spicy Collard Greens	120



Dietitian's Choice

Vegetarian Plate: Seasoned Rice Pilaf with Cajun Okra & Corn and Spicy Collard Greens

450

GERMAN

● Frickadellen	700
● Garlic Mashed Potatoes	80
● German Red Cabbage	180

Essential Eats

● Teriyaki Salmon Bowl	575
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THURSDAY

MAIN DISH

● Italian Roast Beef	420
● Creamed Spinach	140
● Roasted Cauliflower	60
● Roasted Red Potatoes	230



Dietitian's Choice

Italian Beef Roast with Creamed Spinach and Roasted Cauliflower

620

GERMAN

● Jagerschnitzel	620
● German Red Cabbage	180
● Fried Potato Wedges	170

Essential Eats

● Baja Grain Bowl	463
● Baja Pork Grain Bowl	657

FRIDAY

MAIN DISH

● Baked Flounder	210
● Fried Fish	510
● Coleslaw	180
● Fried Potato Wedges	170
● Buttered Peas	230

GERMAN

● Rindergulasch	410
● Roasted Vegetables	140
● Spaetzle	420

Essential Eats

● Baja Grain Bowl	463
● Baja Pork Grain Bowl	657

- Enjoy Healthy Choices 40% off
- Enjoy Sensibly 30% off
- Enjoy in Moderation 25% off



HALL 50